



Dear Colleagues,

Conservative Dentistry is a dental clinical discipline that aims to preserve the natural tooth to be restored with maximum respect for the remaining dental tissues.

Prestigious clinicians, researchers and experts in the field from Italy and abroad have kindly accepted our invitation to illustrate the state of the art in Direct Restorative Dentistry: it will be very interesting to see how far we can push the direct restoration of teeth, evaluating the results over time and define the limit beyond which we should prefer an indirect restoration approach.

Saving healthy tooth tissues has become the leading thread of our clinical activity and the final goal we want to achieve in our daily clinical practice. Invasive restorations may compromise the strength of the treated tooth: the concepts of minimal invasive dentistry, encouraged by the effectiveness of adhesive systems, are the principles of the modern Direct Conservative Dentistry in an attempt to maintain what has been saved from decay and wear.

In this perspective the latest techniques to achieve the best results will be presented and discussed; results that have to combine functionality and aesthetics, easy execution and acceptable biological and financial costs. Clinical excellence, easily obtainable results, tissue preservation are important concepts that will be often recalled during our meeting.

Direct Restorative Dentistry, direct as direct should be the patients perception of our attention to preserve what is recoverable and maintainable within the oral cavity: any patient informed of the existence of less invasive and still effective protocols would choose this approach!

An important event for young colleagues at the beginning of their career, but also an event very useful for trained dentists, often confused by the continue merchandise of new materials and techniques changes.

The Direct Conservative Dentistry is the branch that tends to restore the tooth tissue in order to postpone as much as possible more invasive like prosthetic treatment: the direct conservative treatments require less sacrifice of healthy substance, show good durability and lower costs compared to prosthetic treatments and these are important aspects to consider during this period of economic crisis!

For the first time we have organized as part of our meeting a parallel session dedicated to Dental Hygienists. The work of this professional figure has become more and more important in our daily practice, either to prepare the patient in the early stage of our treatment plan as well as in the maintenance of our restorations over time. Any restorative therapy should be preceded by the "cure of the caries disease", which involves the identification and elimination of risk factors: a maintenance program plays an important role in the long-term success of our work.

Welcome in Riva del Garda!

Francesca Manfrini

AIC President

A handwritten signature in black ink, reading 'Francesca Manfrini', written in a cursive style.



Pre-congress Course

Thursday, April 23rd

NO-PREP AESTHETIC AND FUNCTIONAL REHABILITATIONS: CONCEPTS FOR TODAY AND FOR THE FUTURE

Didier Dietschi

Chairmen: Roberto Genovesi (Ancona – IT)

Stefano Patroni (Piacenza – IT)

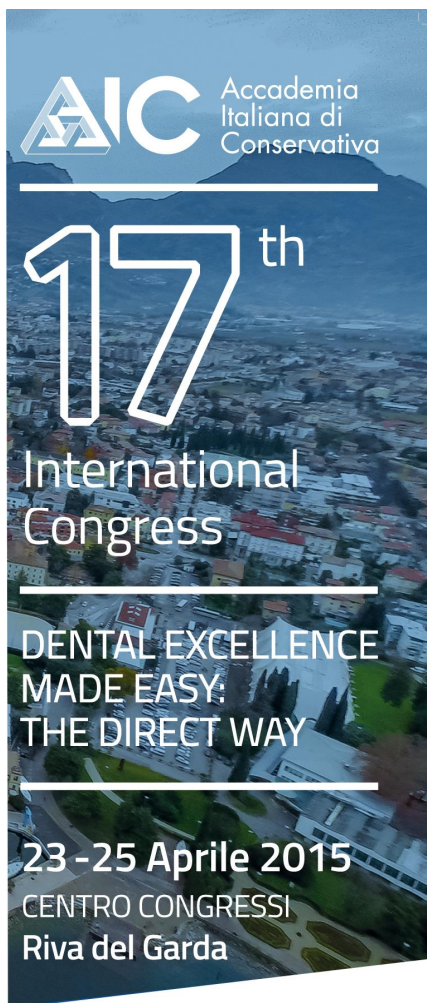
09.30am-11.00 am	First Part
11.00am-11.45am	Coffee break
11.45am-01.15pm	Second Part
01.15pm-02.15pm	Break
02.15pm-03.30pm	Third Part
03.30pm-04.00pm	Discussion: Q & A session

Dr Didier Dietschi was licensed in 1984 and received his Doctoral and Private Docent degrees in 1988 and 2004, respectively, at the University of Geneva, Switzerland. He also obtained a PhD degree in 2003 at the University of ACTA, The Netherlands. Following a 6-year period of full time teaching and research activity in Operative Dentistry and Periodontology at the Geneva School of Dental Medicine he started a part time activity in a private office in Geneva, dedicated to aesthetic restorative dentistry. He holds now positions of adjunct Professor at CASE Western University (USA) and senior lecturer at the University of Geneva.

Dr. Dietschi has published more than 80 clinical and scientific papers and book chapters on adhesive and aesthetic restorations; he also co-authored the book “Adhesive Metal-free Restorations”, edited in 1997 by Quintessence and translated in 7 languages. He is lecturing internationally on adhesive & aesthetic restorations.

Classical indications of composite resins in the smile frame are well established, as well as a few other cosmetic applications. Less interest is unfortunately given to the potential of modern composite technology and novel clinical protocols. Free-hand bonding has actually evolved from a mere filling material to a versatile esthetic solution for a broad range of moderate to complex clinical situation such as post-orthodontic smile enhancements, the esthetic and functional rehabilitation of tooth wear or even the veneering of eroded, and discolored anterior teeth. Composite resins allow the aesthetic concerns of many young patients to be fulfilled, without damaging their healthy dentition. Practically, their only remaining drawback is the practitioner's experience and his will to exploit their full aesthetic potential.

This program will overview the most recent clinical progresses of direct composite application, based on the well-established NLC concept (Natural Layering Concept) with multiple case presentation and relevant clinical knowledge.



17th International Congress

“Dental Excellence made Easy: the DIRECT way”

Friday, April 24th

09.00am Welcome from the AIC President
Francesca Manfrini (Riva del Garda – IT)
Welcome from the Authorities

Chairman: Lorenzo Breschi (Bologna – IT)

09.15am– 10.00am Opening Lecture
Dental Excellence made easy: The Direct Way
Didier Dietschi (Genève – CH)

10.00am–10.15am Presentation of the Meeting Topics by the Coordinators
Massimo Gagliani (Milano - IT)
Marco Oddera (Genova - IT)
Cesare Robello (Genova - IT)

10.15am–11.00am Dental Adhesive Technology in the year 2015
Bart Van Meerbeek (Leuven – BE)

11.00am–11.45am Coffee break

11.45am–12.30pm Direct composite restorations of posterior teeth:
current trends and longevity
Ulla Pallesen (Copenhagen – DK)

12.30pm–01.15pm Clinical and laboratory wear of dental composite
Siegward Heintze (Schaan – FL)

01.15pm–01.45pm Discussion: Q&A session
Coordinator: Marco Oddera (Genova – IT)

01.45pm–02.45pm Lunch break

Chairman: Massimo Buda (Napoli – IT)

02.45pm–03.15pm Antibacterial properties of direct restorative materials
Eugenio Brambilla (Milano – IT)

03.15pm–04.15pm Direct composite restoration of posterior teeth: clinical
procedures
Federico Ferraris (Alessandria – IT)

04.15pm–05.00pm Coffee break

05.00pm–05.20pm Video 1: Preventive minimally invasive restorations
Fabio Bassutti (Spilimbergo PN – IT)

05.20pm–05.40pm Video 2: Single and multiple Class II restorations
Paolo Ferrari (Parma – IT)

05.40pm–06.00pm Video 3: Full-coverage composite overlays
Adamo Monari (Verona – IT)

06.00pm–06.30pm Discussion: Q&A session
Coordinator: Massimo Gagliani (Milano – IT)



17th International Congress

“Dental Excellence made Easy: the DIRECT way”

Saturday, April 25th

Chairman: Franco Brenna (Como – IT)

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| 08.45am-09.00am | Presentation and Awarding of the 2015 “Samuele Valerio” Price Winner Thesis |
| 09.00am-10.00am | Extreme direct composite restorations: current trends and future perspectives
Marleen Peumans (Leuven – BE) |
| 10.00am-11.00am | Direct composite restoration of anterior teeth: clinical procedures
Gaetano Paolone (Roma – IT) |
| 11.00am-11.40am | Coffee break |
| 11.40am-11.50am | AIC Prize Awarding: <ul style="list-style-type: none"> ▪ Digital Challenge ▪ “Samuele Valerio” Continuing Education Contest ▪ 5th “Sorrisi-Smile please” photo Contest |
| 11.50am-12.50pm | Indirect restorations in the anterior and posterior with the new metal-free materials with minimal preparations
Daniel Edelhoff (München – D) |
| 12.50pm -01.50pm | Composite restorations: 30 years from clinical to research
Lorenzo Vanini (Chiasso - CH) |
| 01.50pm-02.20pm | Discussion: Q&A session
Coordinator: Cesare Robello (Genova – IT) |
| 02.20pm | Closing Remarks by AIC President |

CONGRESS VENUE

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