

## The use of direct composites in advanced aesthetic and functional rehabilitations

The dramatic improvement in the overall population oral health as well as the growing concern of patients for dental aesthetics and also tissue preservation has rejuvenated "free-hand bonding" and made it a primary treatment option in the smile frame, posterior areas and functional surfaces as well.

Due to the tremendous progresses made in their optical properties and application techniques, modern composite resins offer aesthetic but also conservative and biological solutions to many problems which formerly could only be approached by more invasive and expensive ceramic restorations.

Composite resins are in particular a powerful restorative tool to fulfill the aesthetic expectations of young patients, using a "no-prep" approach.

The later point is of particular interest as in many indications (i.e.: form corrections, diastema closure) creating the geometry for indirect restorations will lead to significant tooth preparation. Practically, their only remaining drawback is practitioner experience and knowledge of their aesthetic potential.

This program will cover treatment rationale and integration of direct composites in a comprehensive approach to aesthetics and function.

### Didier Dietschi



Dr Didier Dietschi was licensed in 1984 and got his doctoral and Private Docent degrees in 1988 and 2004, respectively, at the University of Geneva, Switzerland. He also got a PhD degree in 2003 at the University of ACTA, Netherlands. Following a 6-year period of full time teaching and research activity in Operative Dentistry and Periodontology, he started a part time activity in a private office in Geneva, dedicated to aesthetic restorative dentistry.

He holds now positions of adjunct Professor at CASE Western University (USA) and senior lecturer at the University of Geneva.

He has published more than 100 clinical and scientific papers and book chapters on adhesive and aesthetic restorations; he also co-authored the book "Adhesive Metal-free Restorations", edited in 1997 by Quintessence and translated in 7 languages. Dr. Dietschi is internationally acclaimed for his theoretical and practical teaching programs on adhesive & aesthetic restorations.

