

Conservative indirect restorations: Simple techniques for predictable results

The now definitive advent of adhesive dentistry is leading to an increasing use of these techniques in the field of so-called esthetic restorative dentistry.

Today more than ever to maintain "a nice smile" is the first wish of our patients and very often this can be achieved with clinical materials and procedures that safeguard the original structure of the compromised tooth and at the same time require a biological price that can sometimes be very low.

New technologies for the enamel-dentin adhesion coupled to the continuous evolution in the development of increasingly refined aesthetic materials (ceramics and composite resins) allow, we could say routinely, to obtain easily controllable and predictable results over time.

It is certain that technologies and materials must be strictly ruled by an operative approach that leave nothing to the imagination and improvisation but rather responds to carefully coded operating steps according to the type of material from time to time used.

The aim of this conference is to highlight the guidelines of the available techniques for achieving a fair and standardized clinical outcome in conservative indirect cosmetic dentistry.



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