

---

# 18°

National  
Congress

---

## PREP FOR LESS

Thirty years of AIC:  
Excellence from  
traditional  
to digital approach

---

Dear Colleagues,

AIC celebrates with the upcoming 18th National Congress an important anniversary: **30 years of Conservative** Dentistry in Italy and around the world represent a significant anniversary and the Congress in which it will celebrate is an appointment, which cannot be missed.

The event that we have organized intends to mark a key moment for the dental profession and in particular for those dedicated to Restorative Dentistry.

The professional changes in the last period were absolutely unexpected and fast and therefore the program drawn up will try to better satisfy, as tradition of AIC, the need for updating in a rapidly changing profession. More and more **the restorative approach has moved to the preservation of the existing tissues** in order to optimize the resistance of the tooth/restoration complex: how many crowns, in the last decade, have turned into partial adhesive restorations? All this thanks to the new materials and the technologies that research has made available, and again thanks to the transformation **from analog to digital of the procedures**, simplifying the methods and optimizing the results over time to guarantee a better quality.

From diagnosis to materials up to the operative phases, the Congress of Riva will analyze, also thanks to numerous videos, the most recent issues proposed in the literature in terms of scientific evidence and clinical experience **in order to limit the invasiveness of restorative treatment**; Interdisciplinary areas will be addressed, that with the participation of the different specialties of dentistry, enable us to intervene in a more and more **minimally invasive** way. "Tips and tricks" will also be shown, that allow the clinician to simplify procedures for optimum results. On Thursday May 5, an extraordinary **pre-congress course** will open the meeting.

For the first time our Congress will be opened also to **Dental Technicians** with the purpose of improving relations and optimizing the results obtained with these collaborators in the indirect Restorative work. Following an initiative already present in the last editions of the Congress, on Saturday May 7 a program will be dedicated to **Dental Hygienists**: their close cooperation makes it possible to achieve and maintain the best of what we produce with methods of adhesive Restorative Dentistry, especially in aesthetic field. In the afternoon of Saturday May 7, it is also programmed a **theoretical / practical course** on the theme **Digital Project**; I think that this appointment cannot be lost, given the relevance of the theme.

**Addition, mini-invasiveness, Digital Dentistry, simplification** of procedures are therefore the guidelines followed by the Congress, always with the objective that since 30 years AIC pursues: **Excellence** as a professional obligation to the **patient**, who despite the difficulties of the period is entitled to the best possible treatment.

I'm looking forward to seeing a large crowd of participants as usual at the AIC meetings and I'm sure you will enjoy the opportunity of an exceptional cultural enrichment.

See you soon in Riva del Garda!

Stefano Patroni  
*President AIC 2016-2017*

Thursday May 5, 2016

## Pre-Congress Course

### **RECIPES FOR DESIGNING A SMILE: PREP, MINIMAL PREP AND NO PREP. JUST BE GUIDED!**

Galip Gurel, Stefan Koubi

---

Partial bonded restorations have become for the last fifteen years the most esthetic, biologic and biomechanic solution to restore dental defects and mimic the nature.

At the same time materials, technic, concepts brought us all the solution to offer a contemporary dentistry to our patient.

Dental manufacturers offer awesome products. These need to fit with a precise methodology in order to propose solutions to the dentist and improve their daily life.

The aim of this presentation will be to suggest a simple way of working and thinking, which can be resumed by these 3 key words : simple, teachable and repeatable.

Laminate veneer would be presented as a versatile tool to solve cosmetic problem but also functional problem (worn dentition).

Both of these topics use the same philosophy (minimal invasive approaches), same bonded materials (CAD CAM material, press material), same concept (visualisation, validation, navigation through the mock up) and same clinical procedure (prep design, temporisation, cementation).

Esthetic dentistry becomes simple, digital and more than this, accessible.

**Chairperson:**

**Franco Brenna (Como, It)**

09.30am - 11.00am

First part

11.00am - 11.45am

Coffee break

11.45am - 01.15pm

Second part

01.15pm - 02.15pm

Lunch break

02.15pm - 03.30pm

Third part

03.30pm - 04.00pm

Q&A

06.30pm

AIC Active Members Assembly

# 18th AIC NATIONAL CONGRESS

## PREP FOR LESS

Thirty years of AIC: Excellence from traditional to digital approach

Friday May 6, 2016

- 09.00 am President AIC opening greetings and introduction  
Stefano Patroni (Piacenza)
- Chairperson: Francesca Manfrini (Riva del Garda – TN)
- 09.15am-0.45am Advanced Smile Design: the 5<sup>th</sup> dimension  
Galip Gurel (Istanbul – TR) – Stefan Koubi (Marsiglia – F)
- 10.45am-11.30am *Coffee break*
- 11.30am-12.30pm Adhesion without preparation: The researcher's point of view  
Lorenzo Breschi (Bologna) – Nicola Scotti (Torino)
- 12-30am 01.30pm Can also Endodontics be less-prep?  
Piero Alessandro Marcoli (Brescia)
- 01.30pm-02.30pm *Lunch break*
- Chairperson: Adamo Monari (Verona)
- 02.30pm-03.30pm Orthodontics: An aid to less-prep restorative dentistry?  
Renato Cocconi (Parma)
- 03.30pm-04.30pm Tips & Tricks in posterior restorations  
Riccardo Ammannato (Genova)
- 04.30pm-05.15pm *Coffee break*
- 05.15pm-06.15pm Tips & Tricks in anterior restorations  
Monaldo Saracinelli (Grosseto)
- 06.15pm-06.45pm Speakers Panel Discussion  
Coordinator: Gian Edilio Solimei (Genova)

Saturday May 7, 2016

The program of this day is also directed to Dental Technicians

Chairman: **Roberto Spreafico** (Busto Arsizio – VA)

**09.00am-10.00am** Design a smile at the computer and share it with the patient  
**Andrea Ricci** (Firenze)

**10.00am-10-15am** AIC Award – New Active Members introduction – Presentation of AIC program – “hAICarie ” communication Project

**10.15am-11.15am** No prep and Less prep treatment planning: From the office to the lab  
**Marco Nicastro** (Roma) – **Francesco Ferretti** (Roma)

**11.15am-12.00am** *Coffee break*

**12.00am-01.00pm** Restoration and periodontium: A less-prep vision  
**Mario Alessio Allegri** (Verona) - **Luca Landi** (Verona)

**01.00pm-01.30pm** Speakers Panel Discussion  
Coordinator: **Stefano Patroni** (Piacenza)

**01.30pm-13.45pm** Closing remarks

Saturday May 7, 2016

# The role of Dental Hygienist in Adhesive Restorative Dentistry

COURSE RESERVED FOR DENTAL HYGIENISTS

09.45am-10.00am Welcome by AIC President– **Stefano Patroni** (Piacenza))

Chairperson: **Lorenzo Massai** (Firenze)

10.00am-10.45am Non-carious cervical lesions  
**Massimo Nuvina** (Torino)

10.45am-11.30am Caries risk classification and remineralization in a few easy steps  
**Giovanni Sammarco** (Trento)

11.30am-12.00am *Coffee Break*

12.00am-12.45pm Non-surgical periodontal treatment protocols in pockets less than 6mm deep  
**Marisa Roncati** (Ferrara)

12.45pm-01.30pm The Hygienist and adhesive restorations: maintaining the white margins  
**Anna Maria Genovesi** (Genova)

01.30pm-02.30pm *Lunch Break*

Chairperson: **Carlo Tinti** (Flero BS)

02.30pm-03.15pm The relationship with the patient: a moment of care  
**Michele Cassetta** (Bologna)

03.15pm-04.00pm Mobile Dental Photography  
**Gaetano Paolone** (Roma)

04.00pm-04.45pm The Hygienist role in the office economy  
**Antonio Pelliccia** (Roma)

04.45pm-05.00 Discussion and conclusions

Saturday May 7

## COURSE: "Programming Digital Smile with iPad"

Vincenzo Castellano RDT (Bologna, Italy)

02.45pm – 03.30pm Theoretical session

03.30pm – 05.00pm Practical session

**Participation is free.** The theoretical session is reserved for the first **50** Dentist & Dental Technician Teams registered in the Congress who made request for participation. The following practical session (an iPad for each team is needed, the app will be provided for free) is reserved for the first **20** Dentist & Dental Technician Teams registered in the Congress, who made request for participation.

# GENERAL INFORMATION

## VENUE

Palacongressi di Riva del Garda

Parco Lido - 38066 Riva del Garda (TN), Italy

Tel. 0464 577577 | [www.rivadelgardafierecongressi.it](http://www.rivadelgardafierecongressi.it)

## AIC MEMBERSHIP FEE FOR THE YEAR 2016

**Ordinary Member** – € 330 (€ 300 if registration is made before February 28 ,2016)

**Junior\* Ordinary Member** – € 220 (€ 200,00 if registration is made before February 28 ,2016)

**Student Member** – € 110 (€ 90,00 if registration is made before February 28 ,2016)

\* Dentists under 35 years of age

## CONGRESS REGISTRATION FEE (VAT included)

**Aic Member**– Free of charge | **Non Member**- € 280

Registration includes:

- Participation in the Congress sessions May 5 to 7
- The Congress folder
- Coffee-breaks
- The social dinner on May 6

## REGISTRATION FEE – DENTAL TECHNICIANS

**Non Member** – € 50 | **Free Of Charge**– If signaled by an AIC Member Dentist registered for the year 2016 no later than December 31, 2015

Registration includes:

- Participation in the Congress sessions of May 7
- The Course SMILE APP of May 7
- The Congress folder
- The coffee breaks
- The lunch box (only for those who participate in the Course SMILE APP)

## REGISTRATION FEE – DENTAL HYGIENISTS (VAT included)

**Full Fee** – € 50 | **Free Of Charge**– If signaled by an AIC Member Dentist registered for the year 2016 no later than December 31, 2015

Registration includes:

- Participation in the Congress sessions of May 7
- The Congress folder
- The coffee breaks
- The lunch box

## OFFICIAL LANGUAGES

The official languages of the Congress are English and Italian. Translation service from Italian to English and vice versa will be available.

## HOTEL RESERVATIONS

Thanks to collaboration with Rivatour you can easily book your stay online from the AIC website [www.accademiaitalianadiconservativa.it](http://www.accademiaitalianadiconservativa.it)

## COMPANY WORKSHOPS

Workshops (lasting 1,5-2h) promoted by some Companies in the pool of Major Sponsor AIC will be kept on Thursday, May 5: detailed information on programs and on methods of participation (restricted only to those registered to the Congress) will be published soon.