

The Direct Pathway to Dental Restoration

When we speak about direct restorations we often think of small or medium restorations. The direct technique, on the other hand, can be applied successfully even to rather compromised situations. This kind of result is made possible thanks to the improvement of methods, materials and the possibility of planning this workflow: An aspect typically borrowed from indirect techniques. Diagnostic wax-ups, morphological, functional and aesthetic characteristics are aspects that can be pre-visualized and transferred to the patient through silicone masks. For those who still have the pleasure of using wedges and matrices it is possible to solve delicate clinical situations, on very compromised elements; in these situations, in fact, common sense would advise against investing excessive resources, as it would be necessary if resorting to an indirect restoration. This type of approach also allows us to proceed gradually with our therapies, if the patient manifests this request for various reasons, and to reduce, where possible, the final number of indirect restorations. All with a better cost-benefit ratio, both biological and economic, for the patient.



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