

Direct and indirect approach to Worn Dentition

Worn dentition is a growing phenomenon nowadays among the population that can cause important and pathological problems, also perceived by the patient. Therefore, after having made a diagnosis and if there are indications to the treatment, the restorative approach can be performed with different materials and different techniques. Adhesion, which represents one of the greatest revolutions of modern restorative dentistry, allows us to approach it in a minimally invasive way, for aesthetic and/or functional rehabilitation of these cases. During this lecture we will analyze various types of techniques with evaluation of the advantages and disadvantages of each and will enter in the details of some fundamental steps within the most appropriate clinical protocols. The possibility of ultra-conservative treatments allows a series of advantages, including a possible future reintervention and the respect of dental sound structures, while also granting a valid aesthetic rehabilitation. In cases of worn dentition for an optimal result of excellence, one must not ignore the observation of specific adhesive protocols with both the direct approach and the indirect approach.

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He graduated in Dentistry and Dental Prosthodontics at the University of Genoa in 1999. Active member since 2006 of EAED (European Academy of Esthetic Dentistry). Active member since 2007 of AIC (Italian Academy of Conservative and Restorative Dentistry). Vice-President from 2016 to 2019. President Elected for the two year period 2022-2023.

Councilor for Europe and Member of SCAD (Society for Color and Appearance in Dentistry) from 2013 to 2016, Secretary for the biennium 2017-2018 and President Elected for the two-year period 2021-2022. Member of the Editorial Board of IJED (International Journal of Esthetic Dentistry) since 2010. Member since 2014 of AARD (American Academy of Restorative Dentistry). DSD (Digital Smile Design) Master from 2013. International speaker in courses and congresses in more than thirty states. Other information: AISO National President (Italian Association of Students in Dentistry) 1997/1999. Trainer in the annual course of Dr. Massironi from 2004 to 2018. Author and co-author of various scientific publications, including the textbook in Prosthodontics "Aesthetics and Precision. Clinical and laboratory procedures" by D. Massironi, R. Pascetta, and G. Romeo published in 2004. Active member and founder of the MSC (Massironi Study Cub) from 2007 to 2018. Active member and founder of GICC (Gymnasium Interdisciplinary CAD CAM) from 2007 to 2016. Adjunct Professor of Dental Aesthetics at the University of Genoa (IT), of Pisa (IT), University of Insubria in Varese (IT), Alma Mater of Bologna (IT), Dental School of Turin (IT), CEU University San Pablo de Madrid (Spain), University of Almeria (Spain), Universidad Europea de Madrid (Spain), New York



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