

Restorative dentistry: Function & posture. Clinic and research

In modern dentistry the esthetics reached excellent results and high levels which were not imaginable until few years ago. This cannot be stated for the functional and occlusal restoration of the mouth which is still treated with the same standards and concepts like in the past. Nowadays we know that is scientifically proofed that the muscle and skeletal balance of the stomatognathic system can change also the balance of the whole patients body. In other words, functional disorders of the occlusion, temporomandibular joint or mastication muscles, can cause several disfunctions in different parts of the organism, and can be positioned far from the mouth, like in cervical area, head, back or pelvils. In many cases these disorders are responsible for very painful symptoms and can compromise partially or fully the quality of the life of the patient. New millennium dentistry has to lead to the maintenance of occlusal balance of the patient or, in presence of pathologies or muscle skeletal disorders, it's functional restoration. Nowadays is easy to restore teeth in unexceptionable way, but would be a severe mistake to limit our results only to aesthetic appearance, we have to pretend more! We can realize restorations which will be aesthetic and functional in the same time, means will appear invisible and perfectly integrated in the postural and mioskeletal balance. Dentistry has to consider not only physiology and the pathology of the teeth and periodontal tissues , but has to consider the whole mouth which is integrant part of the whole human body and is connected with whole body structure: the postural system. For this reason all the phases of restorative dentistry and prosthetics have to be a part of the whole organism structure and they have to maintain the postural balance. This is the reason why we have to learn how to preserve occlusal and postural balance and in case of pathologies we have to learn how to re-establish it.

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"The conservative restoration of posterior teeth 2" published in 2000 from the "Amici di Brugg" and author of the two-volume treatise "The conservative restoration of the anterior teeth" published by Acme Viterbo in 2003, of the Multimedia Integrated System "Direct restorations in composite in the anterior teeth" of UTET, co-author of the treaty "Aesthetics, Function and Posture "of 2018" published by Acme and chapters in various books on conservative and traumatology in Italy and abroad. Speaker at internationally renowned congresses, he has held advanced courses in reconstructive dentistry at numerous universities in Europe, the United States, Chile, Argentina, Brazil, Israel and China. He practices freelance in Chiasso (Switzerland), dedicating himself in particular to conservative, prosthetics and posturology.