



Dear Members, Colleagues, Friends of AIC,

Together with the entire Executive Council, I am very pleased to be able to present you the **22nd Annual Congress** which, following the epidemic of COVIT-19 which has also seriously affected our country, we had to suspend and postpone: **the Congress will take place in Bologna on 22-24 October 2020.**

The program remains unchanged, all the Speakers have given their willingness to change the date, with the exception of Professor Daniel Edelhoff, who for previous commitments cannot be with us in October. **The Pre-congress Course** will be held by **Lorenzo Vanini**, whose value you all recognize and who on that date was already engaged with AIC for an Update Course in Rome.

The Congress program offers an **all-round view of the tooth** with an update on all options for preserving individual teeth and therapeutic options available for their replacement where this is not possible. On **Friday** it will take us on a journey from the root apex to the tooth cusp apex.

Starting from the endodontic aspect, we will look at methods of preserving pulp vitality even in extreme cases, how to instrument canals more conservatively when vitality is lost and how to decide between traditional endodontic measures and surgery when re-treating a tooth with an apical lesion.

We will then move on to periodontal and restorative aspects, defining how to treat deep margins and make our restoration biologically correct and long-lasting, how to evaluate residual structures to ensure a successful partial adhesive restoration and, where this is not feasible, when to opt for a full coverage restoration as the only remaining option. At all times, we will follow the conservative approach that is in the AIC's DNA, i.e. preferring the rational choice - based on clinical data and findings in the literature - of preserving the natural tooth rather than ending up with a "soulless tooth".

On **Saturday** we will offer a complete overview of the most varied restorative options for a missing or lost single anterior or posterior tooth, evaluating multidisciplinary surgical, orthodontic and restorative aspects.

The theme of the **Thursday Course** will allow us to reflect on the importance of the occlusal aspect in reconstructive and rehabilitative therapy through the presentation of the Speaker accompanied by numerous clinical cases.

We are confident that this Congress, after the great concern and uncertainty caused by the coronavirus epidemic, will constitute a positive meaning of recovery and rebirth, both human and professional.

**Continue to support us as always ... and more than ever!**  
We look forward to meeting you!

Francesco Mangani  
AIC President 2020-2021

A handwritten signature in black ink, appearing to read 'Francesco Mangani', is written over the printed name and title.



**THURSDAY OCTOBER 22<sup>nd</sup>, 2020**

## Pre-congress Course

### Mouth and Posture: Clinic and Research from Conservative to Prosthesis



**Lorenzo Vanini**, *Chiasso CH*

#### Learning objectives:

The course aims to transmit the information necessary to understand all the relationships between occlusion and posture, to perform a correct diagnosis and to establish the treatment plan.

#### The themes:

- Occlusion and Posture: Evidence Based Dentistry vs Clinical Based Dentistry.
- Problems related to postural imbalance.
- Postural syndrome: Signs, symptoms and diagnosis.
- Temporomandibular joint.
- Dynamics of mandibular movements
- Muscles of the mandible, neck, shoulder girdle and pelvis: Functional anatomy and biomechanics.
- Magnetic Resonance Imaging of the temporo-mandibular joints and postural muscles: from prescription to interpretation of images.
- Diagnostic ultrasound assessment of temporomandibular joints
- Extra-oral and intra-oral clinical examination.
- Diagnostic aid of Applied Kinesiology
- Clinical protocol for the treatment of Postural Syndrome.
- Types of occlusal bite-plates for rehabilitation: How to choose the bite-plate.
- The creation of occlusal plates with digital: From the project to the realization.
- Adjustment of the occlusal bite-plates with the aid of Applied Kinesiology.
- Restorative dentistry, Orthodontics and Prosthodontics in functional and postural rehabilitation.
- Orthodontic therapy and tongue rehabilitation in the postural context.
- Occlusal elevation: How to restore a vertical dimension in harmony with the neuromuscular system.
- The materials for occlusal rehabilitation: composite resins, metal ceramic, lithium disilicate, zirconia. Characteristics and indications.
- Step-by-step clinical cases of simple and complex postural rehabilitations.
- Long-distance clinical results and maintenance phases.
- The role of osteopathy and physiotherapy in postural rehabilitation.

Coordinator: **Fabio Toffenetti** *Gallarate*

09.30<sub>am</sub> - 10.00<sub>am</sub> Welcome Coffee

10.00<sub>am</sub> - 01.00<sub>pm</sub> First part

01.00<sub>pm</sub> - 02.30<sub>pm</sub> Lunch

02.30<sub>pm</sub> - 04.00<sub>pm</sub> Second part

04.00<sub>pm</sub> - 04.30<sub>pm</sub> Q&A



**FRIDAY OCTOBER 23<sup>rd</sup>, 2020**

## 22<sup>nd</sup> AIC ANNUAL CONGRESS TOOTH CHALLENGE Crown-Down Treatment Solutions

09.15<sub>am</sub>-09.30<sub>am</sub>

**AIC President's Welcome and Introduction**  
Francesco Mangani *Roma*

09.15<sub>am</sub>-01.00<sub>am</sub>

(11.30<sub>am</sub>-12.00<sub>am</sub> *Coffee break*)

**ENDODONTIC SOLUTIONS: TREATMENT DETERMINANTS**

- Conservative management of pulpal exposure
- Pretreatment an orthograde approach
- Retreatment or surgery

*Coordinator:* **Massimo Gagliani** *Milano*

*Speakers:* **Arnaldo Castellucci** *Firenze*

**Lucio Daniele** *L'Aquila*

**Fabio Gorni** *Milano*

01.00<sub>pm</sub>-02.30<sub>pm</sub>

**Lunch**

02.30<sub>pm</sub>-06.00<sub>pm</sub>

(04.30<sub>pm</sub>-05.00<sub>pm</sub> *Coffee break*)

**RESTORATIVE SOLUTIONS: TREATMENT DETERMINANTS**

- Deep margins treatment
- Evaluation of residual structure in relation to partial coronal restoration
- Evaluation of residual structure in relation to a full crown restoration

*Coordinator:* **Paolo Ferrari** *Parma*

*Speakers:* **Mario A. Allegri** *Verona*

**Riccardo Becciani** *Firenze*

**Gabriella Romano** *Matino*

06.00<sub>pm</sub>-06.30<sub>pm</sub>

**Q&A**



## SATURDAY OCTOBER 24<sup>th</sup>, 2020

09.15<sub>am</sub> - 01.30<sub>pm</sub>

### PROSTHETIC SOLUTIONS: POST-EXTRACTION RESTORATIONS

- Management of single anterior edentulism: Adhesive and multidisciplinary techniques
- Anterior Single Missing Tooth: Traditional Prosthetic Approach or Implant
- Management of single latero-posterior edentulism: Traditional prosthesis or implant

*Coordinator:* Francesca Manfrini *Riva del Garda*

*Speakers:* Nikolaos Perakis *Bologna*  
Carlo Poggio *Milano*  
Lorenzo Vanini *Chiasso CH*

09.15<sub>am</sub> - 10.15<sub>am</sub>

First part

10.15<sub>am</sub> - 10.30<sub>am</sub>

Presentation of AIC activities, by AIC President

10.30<sub>am</sub> - 11.30<sub>am</sub>

Second part

11.30<sub>am</sub> - 12.00<sub>am</sub>

Coffeebreak

12.00<sub>am</sub> - 12.15<sub>am</sub>

### AIC 2020 Prize Awards:

- Samuele Valerio 2020 Prize for the best Graduation Thesis in Conservative Dentistry
- 2020 AIC Contest for the best Clinical Case

12.15<sub>am</sub> - 01.30<sub>pm</sub>

Third and final part / Q&A

01.30<sub>pm</sub>

Closing Remarks



## GENERAL INFORMATION

### Venue

Palazzo della cultura e dei Congressi  
Piazza della Costituzione, 4  
I 40128 Bologna (I)

### Organizing Secretariat

MJEventisas  
Via del Gelsomino, 20  
50125 Florence – Italy  
T. +39 055 4089445 - @ aic@mjeventi.com

### Registration

Attendance of the AIC Annual Congress is open to AIC Members, Dentists and Students (attending the Faculty of Dentistry).

Become an AIC member and enjoy the Congress free of charge! Registration is available at the website [www.accademiaitalianadiconservativa.it](http://www.accademiaitalianadiconservativa.it)!

### Congress Abstracts and Speakers' Curricula

Published at the above website and at the AIC APP available on the APP Store and Google Play.

### Official languages

The official language is Italian. Simultaneous translation from Italian to English will be provided.

### Exhibition & Sponsoring

The pharmaceutical and medical technology industries are kindly invited to participate actively in this prestigious event which will provide a major opportunity to promote the interests of your Company. If you are interested in becoming an exhibitor and/or sponsor of the Congress, please contact the Organizing Secretariat for further information: MJ Eventi sas - T. +39 055 4089445 - E: [aic@mjeventi.com](mailto:aic@mjeventi.com)

### Congress Party

Friday, October 23<sup>rd</sup> at 08.30<sub>pm</sub>  
Palazzo Re Enzo  
[www.palazzoreenzo.com/en/](http://www.palazzoreenzo.com/en/)

### Hotel Reservation

Thanks to the collaboration with Bologna Welcome, you may very simply book online ([www.accademiaitalianadiconservativa.it](http://www.accademiaitalianadiconservativa.it)) your stay in Bologna during the Congress. You can rely on hotel facilities selected among the best available ones and on an immediate confirmation of your reservation.

*If during the Congress dates the current Provisions of Public Authorities containing measures to face the epidemiological emergency of COVID-19 applicable on the national territory which foresee the prohibition of any form of gathering of people will still be in force, the Italian Academy of Conservative and Restorative Dentistry, not being able in compliance with these Provisions to carry out the Congress in the usual form, ensures that it will be held online on a specific IT platform, however allowing each participant to take advantage of the training part with the same modalities of the residential event.*