



Saturday, 9 May 09:45 am-10.30 am

Cariology

PROBIOTICS AS A SUPPLEMENT TO SUPPORTIVE NON-SURGICAL THERAPY

Supportive periodontal therapy plays a crucial role in the long-term maintenance of clinical outcomes, particularly in patients at high risk of recurrence. In recent years, interest in the use of probiotics as adjunctive therapeutic agents has increased significantly, due to their ability to modulate the oral microbiota and the host immune response. In particular, *Limosilactobacillus reuteri* has demonstrated the ability to inhibit periodontal pathogens, reduce gingival inflammation, and promote ecological balance within the oral biofilm. The use of *L. reuteri* in combination with supportive periodontal therapy may contribute to improved clinical parameters and a reduced risk of disease recurrence in susceptible patients, representing a promising, safe, and easily implementable adjunctive approach in daily clinical practice.

MAGDA MENSI



Graduated in Dentistry and Dental Prosthetics in 2000 with full honors (110/110 cum laude). Researcher at the Dental Clinic of the Università degli Studi di Brescia since 2002, and Chief Medical Officer (Level I) at the Department of Odontostomatology of the Spedali Civili di Brescia since 2002. She has conducted research and clinical activities in the departments of Oral Surgery and Periodontology. She is an Associate Professor (with qualification as Assistant Professor, II level) of Hygiene, Periodontology, Oral Surgery, and Implantology in the integrated courses of the Degree Programs in Dental Hygiene and Dentistry and Dental Prosthetics at the Università di Brescia. She completed a Second-Level Master's in Periodontal Surgery and Implantology for Periodontally Compromised Patients at the Università di Ferrara (2010–2012). She has also served as Visiting Professor at the Department of Periodontology, Ohio State University. She has been an Ordinary Member of the Società Italiana di Parodontologia e Implantologia since 2001 and is a lecturer in the 4P Periodontology Master at the Università di Ferrara. She is the author of national and international publications and a speaker at national courses and congresses. She also maintains a private practice as a consultant in Periodontology and Implantology.