



Saturday, 9 May 12:30 pm-01:15 pm

Restorative

BRIDGING TRADITIONAL AND DIGITAL IN RESTORATIVE DENTISTRY - TECHNIQUES, INDICATIONS AND CLINICAL PERSPECTIVES

The integration of classical and digital approaches in Restorative Dentistry represents an advanced clinical model in which biological principles and analog expertise are combined with modern digital workflows. Intraoral scanners, CAD-CAM systems, and 3D printing do not replace traditional techniques but, in selected cases, enhance predictability and efficiency. During the lecture, the advantages and limitations of both approaches will be critically analyzed, including real and "hidden" costs (technological investment, learning curve, and clinical time management), highlighting when a conventional, digital, or hybrid protocol is most appropriate. The aim is to provide practical decision-making criteria for a conscious, sustainable, and truly patient-centered treatment strategy.

NIKOLAOS PERAKIS



Dr. Nikolaos Perakis graduated with honors in Dentistry and Dental Prosthetics from the Università di Bologna in 1994. He earned the LMD (Licence en Médecine Dentaire) at the Université de Genève in 1998, completed his PhD under Dr. Pascal Magne in 2002, and obtained a Swiss specialization in Prosthodontics (Prof. U. Belser) in 2004. Elected President of the Accademia Italiana di Conservativa e Restaurativa (AIC), he is an active member of the European Academy of Esthetic Dentistry, serving on the Membership Committee and as co-scientific chairman of the 2026 conference in Barcelona. He has lectured and taught courses at prominent universities in Italy and abroad, including Harvard University, University of Southern California, Université de Strasbourg, Université de Genève (Switzerland), University of Athens (Greece), and the Università di Napoli, Università di Genova (Italy), and Università di Bologna (Italy). Since 2002, he has been "Teaching Coordinator" at the Postgraduate Master in Prosthodontics of Bologna under Prof. R. Scotti, a role he currently holds in the Second-Level Master in Conservative and Aesthetic Prosthodontics under Prof. L. Breschi. Since 2022, he has also been a lecturer at the Orthodontics Specialty School of Università di Padova (Prof. A. Gracco). A speaker at national and international courses and seminars, he is the author of several scientific publications.